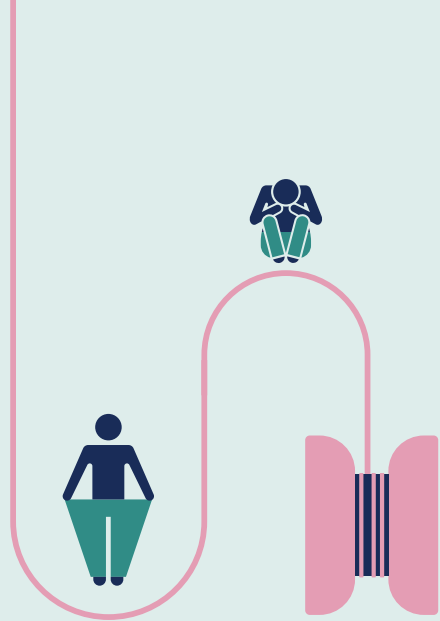




DEBLJINA



Osobe koje prije **40. godine** imaju prekomjernu tjelesnu težinu, izložene su **70 %** većem riziku od raka endometrija, **58 %** većem riziku od raka bubrega, **29 %** većem riziku od raka debelog crijeva te **15 %** većem riziku od svih karcinoma koji su povezani s pretilošću.<sup>1</sup>



Debljina povećava rizik za razvoj šećerne bolesti tipa 2.<sup>3</sup>

**80 %**

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**1/3** Ishemične bolesti srca  
povezane su s debljinom.<sup>4</sup>



**55 %** arterijske hipertenzije u odraslih  
Europljana uzrokovano je debljinom.<sup>5</sup>

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**1/2** odraslih<sup>2</sup> i



**1/3** djece u Europi su  
prekomjerne tjelesne  
težine ili debela<sup>6</sup>.

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**Cilj ESE (engl. European Society of Endocrinology):  
Debljinu treba prepoznati i liječiti kao kroničnu bolest,  
uzrokovanu prekomjernim nakupljanjem masnog tkiva  
s povećanim rizikom od prerane pojave morbiditeta i  
smrtnosti.<sup>7,8</sup>**

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Datum sastavljanja: 09/2022.

